

10<sup>th</sup> August 2012

## **84 YEAR OLD NOTCHES UP HIS 50<sup>th</sup> BRIDGE CLIMB**

For the first time in Bridge history, on August 9, BridgeClimb Sydney welcomed their most frequent Climber, 84 year old Lloyd Poulton, for his record making 50<sup>th</sup> Climb to the summit of the Sydney Harbour Bridge.

To celebrate the occasion, Lloyd climbed with a friend, Emily Irons, both taking in the breathtaking view as they scaled to the top of the Bridge, 134 metres above sea level. To mark the milestone, Paul Cave, Chairman and Founder of BridgeClimb Sydney, also climbed with Lloyd, and presented him with a gift\* to commemorate the special day.

Lloyd said, "I can remember the Bridge opening, and I am fascinated by the engineering and the sheer courage of the people who built it. I'm addicted to climbing the Bridge. I enjoy interacting with the staff, and simply love being on top of one of the engineering wonders of the world. Also, because it's right on my doorstep, it's a great way to get some good exercise".

Since his first climb in 2001, Lloyd has had over 250 photos taken, climbed over 65,000 steps, walked 90 kilometres and spent more than 250 hours scaling the famous Bridge. He never tires of the experience and has many friends amongst BridgeClimb staff.

Even though Lloyd is now retired, he certainly hasn't lost his sense of adventure. Splitting his time between his homes at Edgecliff and Nowra, he's always on the go. When he's not flying planes out of Albion Park and over the Sydney Harbour Bridge, he's sailing yachts from the Maritime Museum and under the Bridge. And only a few years ago he was bungee jumping off the Auckland Bridge.

It's obvious Lloyd has never been one to sit back and let life pass him by. He was an army officer in his early working life, then moved into a role in industry. When his desire for adventure persisted, he became a pilot and ended up doing this for 60 years in the UK.

Lloyd's passion for climbing the Sydney Harbour Bridge has never waived and he has no plans to stop anytime soon. And, as if that wasn't enough, he's all set to run the City to Surf a few days after his 50<sup>th</sup> Climb!

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\* As part of BridgeClimb's 'Bridge Master's Program', honouring frequent climbers of the Bridge, Paul Cave, Chairman and Founder of BridgeClimb Sydney, presented Lloyd, the ultimate Bridge master, with a BridgeClimb shell jacket, with 'Lloyd – Our Frequent Climber' inscribed on the front. And on the sleeve of his very own personal BridgeSuit, given to Lloyd way back on his 20<sup>th</sup> Climb, is now embroidered, '50<sup>th</sup> Climb'.